



471 W 36th Ave. Suite 110
Anchorage, AK. 99503
907 903 7123 Fax 855-952 3836
info@bordercounseling.com

Class Outline and Objectives for Class Two:

Love and Logic: Adults Supporting Youth with Special Needs[®]

Class Description

This course has been designed for participants who already possess a good understanding of the Love and Logic approach. Participants must attend a previous Love and Logic class. This program consists of four separate sessions which are 2 hours each which teach a different subset of skills. Each of these skill subsets is taught through the following media: Video presentations by Charles Fay, Ph.D., discussing, modeling, and providing examples of each skill, Readings and structured group exercises and discussion.

Target Audience: This course is a follow-up/bonus program to *Parenting the Love and Logic Way[®]*, OR *Love and Logic: Adults Supporting Youth with Challenging Pasts[®]*, and has been designed for participants who already possess a good understanding of the Love and Logic approach. Participants must have attended a previous Love and Logic class.

1. Session One: Understanding Their Unique Needs and Gifts

Participants will learn:

- Understanding that every child is unique
- How to look at needs and not labels
- A process for reaching academically discouraged youth
- How to start on the right note
- How to answer difficult questions

2. Session Two: Maintaining Healthy “Can-Do” Expectations

Participants will learn:

- How to teach basic skills required for success
- Compliance skills
- Personal request skills
- Encouraging skills
- Coping skills



471 W 36th Ave. Suite 110
Anchorage, AK. 99503
907 903 7123 Fax 855-952 3836
info@bordercounseling.com

3. Session Three: Developing and Maintaining Positive Parent/Teacher/Support Personal Relationships

Participants will learn:

- Building a foundation of positive relationships
- The importance of leading with empathy
- Tips for problem-solving
- Sending messages of capability
- The P.A.R.E.N.T.S. process

4. Session Four: Reaching Discouraged and Resistant Learners

Participants will learn:

- How to apply the One-Sentence Intervention
- How to implement 'accidental skill-building'
- How to attribute success to effort
- Why praise can backfire

Pre and Post Evaluation of skills used and learned will be given, along with a self-evaluation for each participant and evaluation of course presentation and facilitation.